

**4th Annual JCA 5K Run & Walk
Registration**
Sunday, May 18, 2014
Joliet Catholic Academy
8:00am 5K start

5K Run/Fitness Walk Fees:
On April 30th- \$30 individual, \$75 family
Race Day -\$40 individual, \$85 family

Race Location
The race will be held at
Joliet Catholic Academy, 1200 N.
Larkin Ave. Located at the corner
of Larkin Ave. and Ingalls Ave.
Limited free parking

I would like to participate in (circle one) ___ **5K Chip-Timed Run** ___ **5K Fitness Walk**
5K FAMILY RATE _____ **FAMILY NAME!** Family Rate applies to 5K race only for a single family household.

Please Print Clearly. **Complete one form per participant.**

Runner/walker/child's name _____

Street Address _____

City/State/Zip _____

Male ___ Female ___ Birthdate _____ age on 5-18-14 _____

Phone Number _____ Email Address _____

Emergency contact name _____ Emergency contact number _____

Shirt size: Adult Sizes **for 5K Runner /Walker Shirt** S M L XL XXL

Youth Shirt size: **KIDS' RUN SHIRT ONLY** YS YM YL YXL AS

I cannot participate in the event. However, please accept this donation on my behalf: \$ _____

Cardholder's name _____ AMOUNT _____

Cardholder's address _____ expiration date _____

Visa ___ Mastercard ___ Discover ___ AmEx ___

LLLL-LLLL-LLLL-LLLL **Credit card number**

Expiration date _____ **Security Code** _____

Waiver: I know that running and/or walking a road race is a potentially hazardous activity. I should not enter and run or walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the course. I assume all risks associated with running and walking in this race including but not limited to: falls, contact with other participants, the effects of the weather, traffic and conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of this entry, I hereby for myself, heirs, executors, and administrator waive any and all claims and release any and all right and claims for damage that I may have against the sponsors, agents, officials, Joliet Catholic Academy, and volunteers of the JCA 5K in said events or other related activities. I hereby grant permission to JCA to use my name, photographs, and videotapes in connection with this event.

Participant's Signature

date

If under 18, Parent's/Guardian's Signature