

 **SOPHOMORE ANGEL**   
**VOLLEYBALL**

**WHO?** Any sophomore girl planning to try out for the Angel volleyball team

**WHAT?** Summer Volleyball Camp

**WHEN?** Every Monday, Wednesday, and Thursday starting Monday, July 6th

**TIME?** 8:00 a.m. – 9:00 a.m. (When the IHSA moves into Phase 2, the times will be 7:00 a.m.-10:00 a.m.)

**WHERE?** Joliet Catholic Academy Gymnasium

Please enter through doors 8 or 9 on the south side of the main gym facing Ingalls Ave.

**WHY?** Although attendance at summer camp is not mandatory in order to make the team, attendance at camp will give the coaching staff a better opportunity to evaluate the skill level, ability, and potential of the players.

**COVID -19 Information** – Each athlete’s health must be evaluated each morning before they are allowed to play. When dropping off a student athlete, please remain in your car and wait until your child has been evaluated per the COVID-19 monitoring form. If they are not cleared to play that day, we ask that parents take their child directly home and wait 2 days before returning them to play. Also please do a self-evaluation at home before coming to school. If you answer yes to any of the following questions, do not come to practice.

- Fever, cough, chills, and/or muscle aches?
- Sore throat, runny nose, and/or loss of taste or smell?
- Nausea, vomiting, and/or diarrhea?
- Shortness of breath and/or headache?
- Close contact or cared for someone with COVID-19?
- Temperature of 100.4 or higher?

## WHAT SHOULD I BRING?

- Please bring your own mask, which should be worn at all times when not directly participating in a drill or conditioning.
- Water – please bring plenty because you will not be allowed to refill at school.
- Towel
- Hand Sanitizer
- Extra change of clothes if you sweat excessively.

COST? Free

**OBLIGATIONS?** – The Waiver of Liability and Indemnification must be filled out online before a student may participate in any activities. You can find this on the JCA website.

\*\*\*Mark your calendars. Tryouts for the girls volleyball team will be held on Monday, August 12<sup>th</sup>. Attendance is mandatory for tryouts. A detailed tryout schedule will be handed out during summer camp.

If you have any questions regarding this camp or the Joliet Catholic Academy volleyball program, please call Head Coach Christine Scheibe at 815-741-8035.